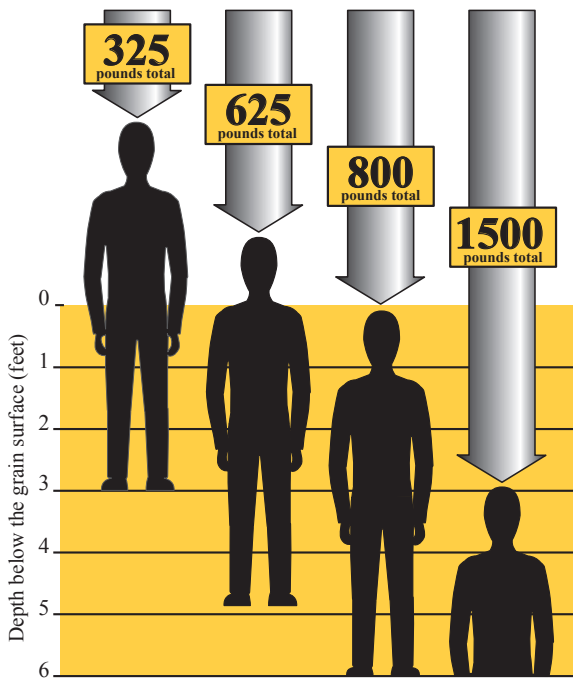


The strength you need to rescue a 165-lb. adult.



Source: Iowa State University